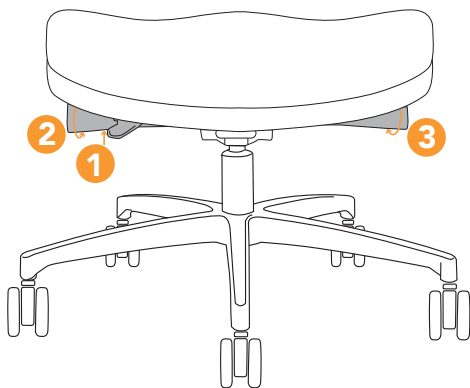




great things happen in a chair



USER GUIDE: **64C** synchro with side tension adjustment control

1 seat height adjustment - Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

2 back tension adjustment - Rotate knob right to increase tilt tension. Rotate knob left to decrease tilt tension.

3 back tilt lock adjustment (3 position) - Rotate knob right to lock in position. Rotate knob left to unlock and free float. Use own back tension to push against back of chair and release back from chair to find desired position.



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